Writing up as I went along has at least meant that I have a substantial piece of work and something to show for two years effort, but it also means that it is difficult to be flexible in the way in which I present it - re-writing is much more difficult than writing! At the moment I find it hard to believe that it will be a Ph.D. However, I am part of a very supportive group of fellow postgrads, and as everyone appears to be feeling the same to a greater or lesser extent, I suppose it just goes with the territory.

I have just over a year left, and in some ways feel that it should be plenty of time to construct a watertight thesis, at other times I feel as though the chances of achieving that would be low even if I spent the rest of my life working on it. I don't feel as though I am making any headway at the moment. I know that I have to reduce the length of my work while increasing the quality, no one can really help much with that process. I find it difficult to define what I would find most encouraging and helpful. While I have no specific problem, the whole thing appears to be enormously problematic, my faith in 'it' and in myself seems to be at an all time low.

Discuss how would you respond to Judy?

On the acetate provided, list the main guidelines you would have for

- 1. Postgraduate research students
- 2. Supervisors
- 3 Departments