Housman Room

2	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN Menu Description & Allergens	Bubble &Squeak cake, glazed field musheooms, spinach and poached egg Allergens:Egg,mustard,sulp hor dioxide,wheat	Spiced chickpea curry with rice and poppadoms, Allergens: MC nuts	Fried Courgette, sesame & gochujang noodles & little gem Allergens:wheat,soya,sesa me	Creamy leek, kale and spinach sauce with penne pasta and toppers (F50) Allergens:Wheat Add On - Garlic ciabatta, marinated Olives	Cheese, potato & onion pie, salad & garlic bread Allergens:Celery,wheat,milk ,sulpur dioxide
MEAT Menu Description & Allergens	Lemon & thyme roasted chicken with roasted beets, butternut squash and buckwheat (F50) Allergens:mustard	Chicken Massaman curry with rice and poppadoms, Allergens:mc nuts	Chicken skewer, sesame and gochujang noodle salad and little gem allergens:wheat,sesame,so ya	Italian style meatballs in a rich tomato sauce with Spaghetti and toppers Allergens:wheat Add On - Garlic ciabatta, marinated Olives	Battered Pollock, chips, peas or mushy peas, tartare sauce and lemon - Allergens:Egg,fish,mustard barley, wheat
Plant Based					
Menu Description & Allergens £4.95	Bean Cassoulet & crusty bread (F50)			Vegetable Tagine & cous cous (Live well) wheat,soya	
SOUP Menu Description All served with bread roll, croutons and toppers	Potato & Leek kcal:232	Butternut squash with Sage kcal:230	Thai spiced cauliflower soup kcal: 325.2	Carrot & Parsnip soup kcal363.9	Cream of mushroom kcal:328.2