

The Positive Psychology Outcome Measure (PPOM)

Interview and Scoring Procedure

The PPOM is free to use but should be cited as:

Stoner, C. R., Orrell, M. & Spector, A. (2018). The Positive Psychology Outcome Measure (PPOM) for people with dementia: Psychometric properties and factor structure. *Archives of Gerontology and Geriatrics*, 76, 182-187. DOI: 10.1016/j.archger.2018.03.001

Participants can complete the PPOM in two ways: by interview or by self-report. Participants should always be encouraged to make a choice as to how they wish to complete the PPOM. The PPOM **should not** be completed using proxies (e.g. completed by family/ professionals on behalf of a person with dementia).

No amendments should be made to item wording or the Likert scale, without permission from the measure authors. Please contact Dr Charlotte R. Stoner (positivepsychology.dem)

If a participant asks for clarification, the item should be read out again. Interviewers should not explain items and, instead, encourage participants to interpret the question in a way that makes most sense to them.

Only one response can be circled. If a participant is undecided between two responses, they should be encouraged to select the one they feel is best.

Scoring Information

Each response has a corresponding score (0-4). Responses should be summed to provide an overall score for the PPOM. There are two subscales for the PPOM: Hope (Item 1-8) and Resilience (9-16). Subscales can be summed to calculate hope scores and resilience scores.

