

MICE

Transforming the Mental Health of Children with Epilepsy

Booster Training Session



Welcome Back



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<https://www.rcpch.ac.uk/resources/case-investing-children-young-peoples-epilepsy-services>



Work Package 2: Aims

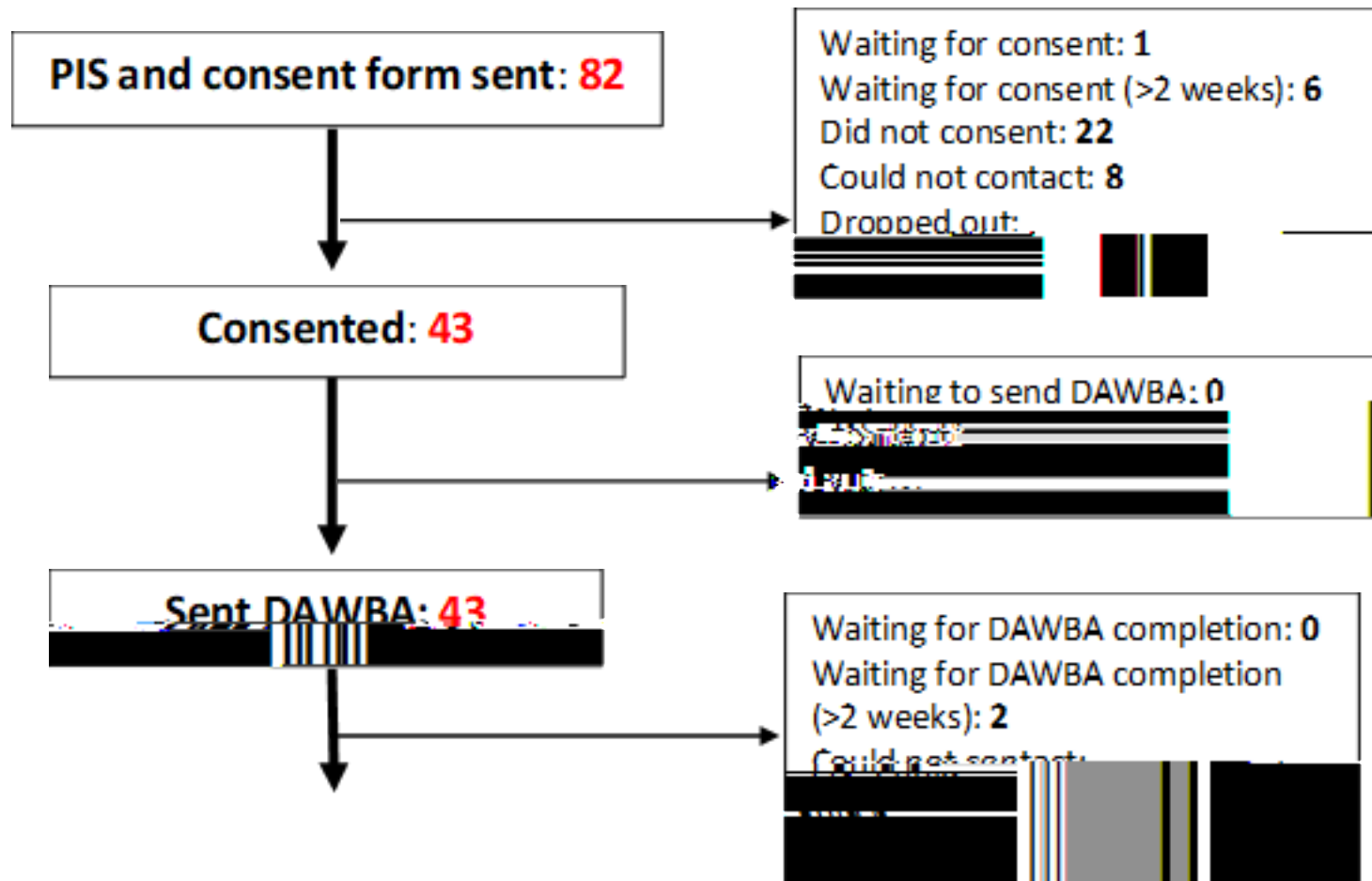
Train at least 12 therapists and their clinical supervisors across sites to deliver MATCH

Use MATCH portfolio system to ensure therapist competence and adherence

Therapist and patient perspectives on the intervention assessed using qualitative interviews



Recruitment



Assessment completed: 31



Completed ESMY: 29

First session to be booked: 1
...
...
...
...
...



Treatment to be completed: 29

https://www.youtube.com/watch?v=lb_QYj_FhFo

Very, very pleased with the therapists and their flexibility, have been very accommodating to



I have found it really useful in the sense that it has made me think a little bit more about how to interact with x

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Keeping up momentum

Importance of regular weekly sessions to maintain momentum

Planning calls

Arranging cover if away or ill (including asking your site liaison officer)

If all else fails, reschedule rather than cancel

Timetable re: letters and support available

P.S. Remember pre/post amble into recorder



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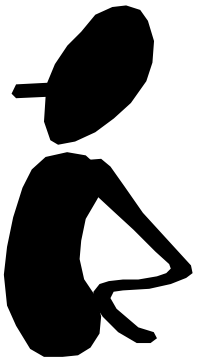
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Q&A

Delivering anxiety sessions when only the parent is on the call
How to set goals in each individual case



Top tips from therapists

If you are doing the Active Ignoring (behaviour) module, it is helpful to give parents lots of reassurance around any concerns that they have around their child's safety – i.e. what behaviours should/should not be ignored.

If you are doing the Effective Instructions (behaviour) module, it may be more effective to introduce the 'Follow-through training' activity at the start of the session. Once the parents have understood this, they can then build up to giving Effective Instructions to their child more broadly.

Parents have a huge amount of anxiety themselves. I find it important to

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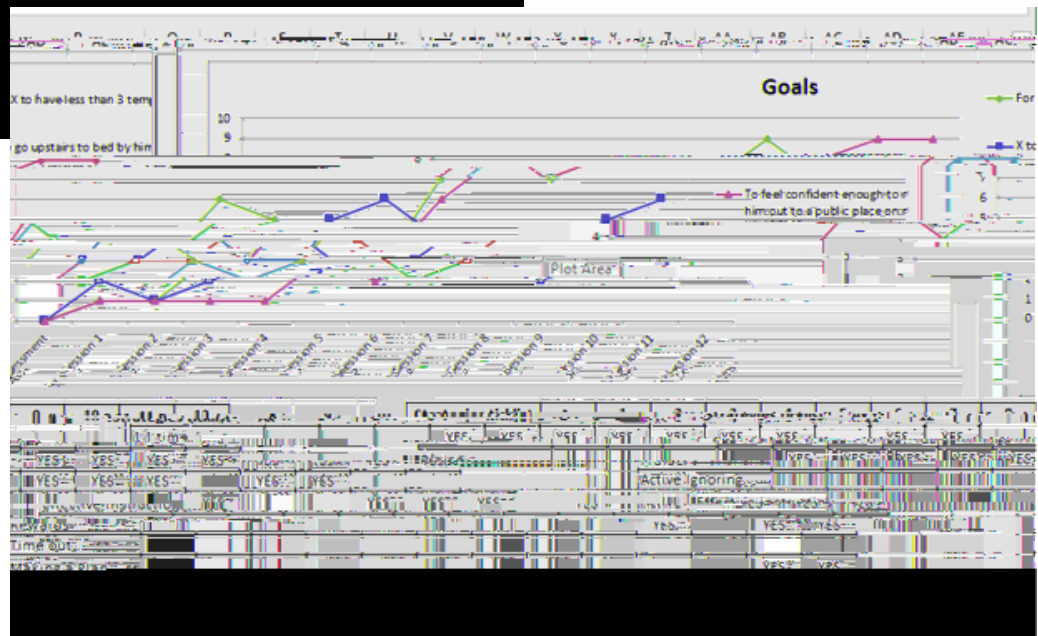
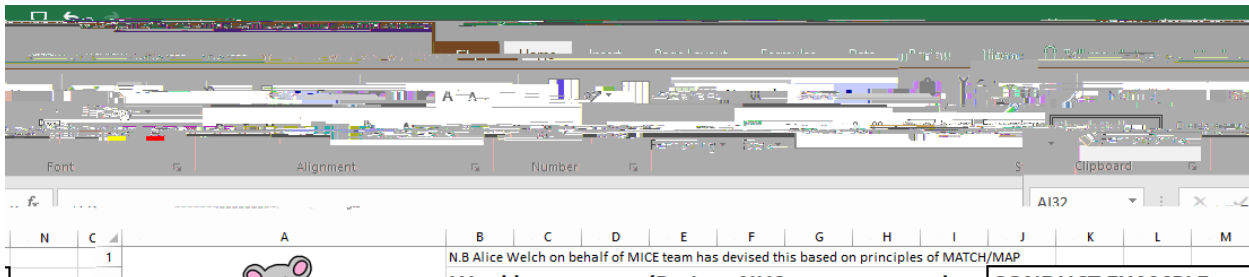
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What?



How to complete the spreadsheet

You can ensure your spreadsheet it up-to-date by:

Completing the personalised spreadsheet that you/SLO created post assessment (i.e. insert patient specific goals) after each call.

OR

2. Forwarding the Weekly Questionnaires you receive from patients (every week) to your Site Liaison Officer who will update the spreadsheet for you.

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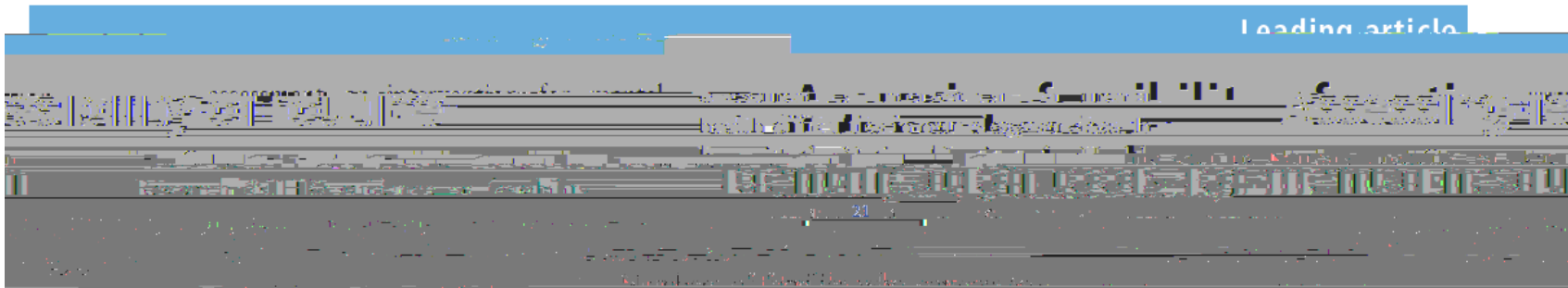
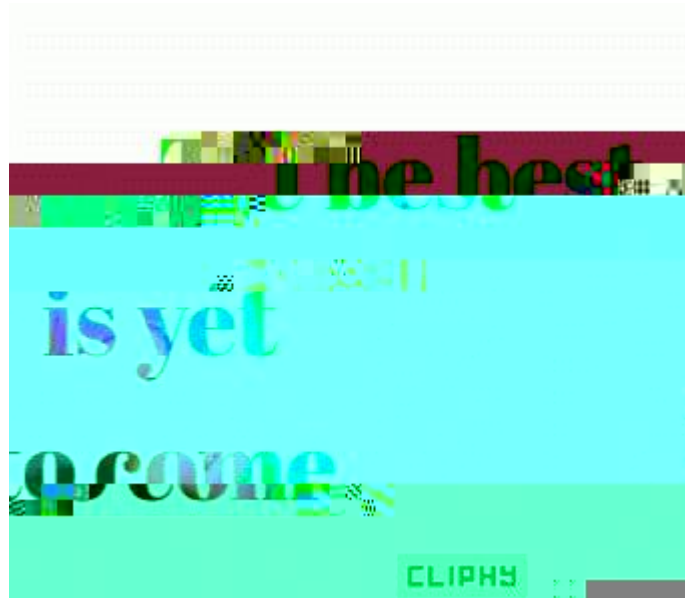
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Break



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Consultation & support



Consultation going forward

Consultation session after assessment to agree goals and treatment pathway

Minimum one fixed session per month

Additional consultation sessions triggered if:

- Requested by therapist

- No change/decline in weekly session measures over two sessions

- Concerns raised in regular tape reviews

Evaluation Form



Success Stories (You)

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